

October 2024 Riverdale Public School BREAKFAST MENU

Our menus are aligned with the USDA's
"Healthier US School Challenge."

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MISTER'S FOOD SERVICE	1 Cold Cereal	2 Bagel	3 WAFFLE	4 Muffin
7 Cereal Bar	8 Waffles	9 Bagels	10 Egg & Cheese	11 Muffin
14 NO SCHOOL	15 French Toast Sticks	16 Bagel	17 Sausage & Egg	18 Muffin
21 Cereal Bar	22 Waffle	23 Bagel	24 Egg & Cheese	25 Muffin
28 Cereal Bar	29 French Toast Stick	30 Bagel	31 Sausage & Egg	Mistersfood service@yahoo. com

Menu Subject to Change

**Offered Daily w/ Reimbursable Lunch:
Fresh Fruit or Fruit Cup
Low Fat & Fat Free milk**

**Available Daily:
Egg & Cheese
Bagels
French Toas**